

# BREAKFAST

Available 07H00-10H30

#### **ENGLISH BREAKFAST R55**

2 Free-range eggs, 2 rashers of bacon and grilled tomato served with toast

#### FARM BREAKFAST R75

2 Free-range eggs, 3 rashers of bacon, herb mushrooms, chipolatas and grilled tomato served with toast

#### **BREAKFAST SCRAMBLED R55**

Creamy scrambled eggs served on toast

#### SMOKED SALMON BREAKFAST R85

Smoked salmon trout best on rye, served with a poached egg, dill, capers and onion shallots

#### **SMASHED AVO R60**

Homemade guacamole served with ciabatta toast

#### **COUNTRY OMELETTE R75**

3 Free-range eggs pan folded omelette with bacon, tomato and mature cheddar served with toast

# CLASSIC BENEDICT R65

Country ham, herb crumpets, poached eggs and hollandaise sauce

#### **HEALTH BOWL STACK R68**

Thick plain yoghurt, granola and sliced seasonal fruit

### **HOT POT OATS R40**

Slow cooked oats topped with butter and maple syrup

# **BLUEBERRY FLAPJACKS R55**

Made to order and hot, served with syrup and fresh beaten cream

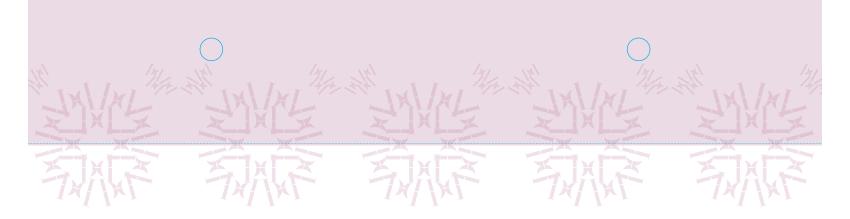
#### FRESH BAKED MUFFIN R40

Made to order and hot, served with grated cheddar, jams or fresh beaten cream

### **OVEN BAKED CROISSANT R55**

Made to order and hot, served with sliced cheddar, country ham and tomato cucumber salad

Menu items may contain or come into contact with peanuts and other tree nuts, seafood including shellfish, whey, wheat or gluten, eggs, dairy and soy. If you have any questions about ingredients, please ask to speak to a restaurant manager.



# BARISTA BAR

Available 06H30-10H30

#### COFFEE

Espresso R20

Double Espresso R26

Café Latte R29

Cappuccino R25

Flat White R25

Café Mocha R35

Americano R22

Condensed Milk Coffee R30

Red Cappuccino R35

Almond Milk R10

Hot Chocolate R30

Freezochino R40

#### TEA

Chai Latte R35

Red Latte R35

Five Roses R25

Green Tea R25

Earl Grey R25

### JUICES

Mango R30

Strawberry R30

Orange R30

Cranberry R30

Carrot, Apple, Orange, Granadilla, Ginger Juice R40 Apple, Cucumber, Spinach, Kale, Mint Juice R40 Apple, Beetroot, Raspberry, Carrot, Ginger R40 Watermelon, Raspberry, Apple, Lemon, Mint R40

### RAW HEALTH SHOTS

Daily Green Shot R25 Fiery Ginger Shot R25 Spicy Tumeric Shot R25 Pomegranate Shot R25



# BRUNCH - LUNCH - BLUE PLATES Serving From 10H30

# BRUNCH

#### **GRILLED CHEESE & HAM R65**

Pan-grilled parmesan ciabatta toasted filled with cheddar cheese and country ham and served with chips

#### **GRILLED CHEESE & TOMATO R55**

Pan-grilled parmesan ciabatta toasted filled with cheddar cheese and country ham and served with chips

#### **PULLED CHICKEN R75**

Slow roasted pulled BBQ chicken on toasted ciabatta with coleslaw and chips

#### LOADED EGG MAYONNAISE R65

Creamy egg mayonnaise with crispy bacon bits and chives on a seed bread sandwich served with a mint tomato and cucumber salad

#### CHICKEN MAYONNAISE R65

Creamy chicken mayonnaise toasted served with chips or salad

#### **TUNA MAYONNAISE R65**

Creamy tuna mayonnaise with spring onions toasted sandwich served with chips or salad

#### BLT R70

Classic crispy bacon, lettuce and tomato toasted sandwich with a creamy mayonnaise dressing served with chips or salad

#### **B&E R65**

Classic crispy bacon and egg toasted sandwich served with chips or salad

# FALAFEL WRAP R65

Wrap pockets with tabbouleh salad, tahini, hummus and labneh, filled with homemade falafel
Add beef R35
Add chicken R30



# LUNCH

#### ORIGINAL CAESAR SALAD R95

Romaine hearts with anchovy dressing, garlic, egg yolks, Dijon mustard, lemon juice, olive oil, seasoned parmesan, and fresh-baked croutons

#### CHAR-GRILLED RUMP STEAK SALAD R120

Thinly sliced char-grilled rump served with rocket, cucumber and parmesan shavings

#### HALLOUMI SALAD R95

Tomatoes, cucumber, red onion, mint, kalamata olives and grilled halloumi with a tzatziki dressing

# DANISH FETA SALAD R75

Creamy feta, butter lettuce, tomato, cucumber, onion shallots, pickles and kalamata olives with an origanum vinaigrette



# CAFÉ COOKING ALL-DAY

#### FRESH HAKE R120

Classic hake and chips served with tartar sauce

#### CALAMARI R140

Pan-grilled calamari with capers, onion shallots, olives and white wine served with baby potatoes and steamed beans

#### PRAWNS SUPER BOCK R180

8 Queen prawns sautéed in a paprika, garlic and coconut cream served with crispy onion rice

#### CHICKEN BREAST R140

Grilled or fried chicken breast served with chips and vegetables and a choice of pepper or mushroom sauce

### PORK RIB STACK R140

Grilled sweet and sticky BBQ pork ribs served with chips and coleslaw

#### **RUMP GRILL R165**

Aged 250g rump brushed with olive oil, black pepper, salt and bay leaf served with a crème fraîche pepper or mushroom sauce and chips

#### FATBURGER R110

Juicy BBQ beef patty or free-range chicken breast on a toasted bun with melted cheese, salad slaw and chips

#### **MELANZANE R120**

Layered grilled brinjal, carrots and baby marrow with napolitana and bechamel sauce and oven baked with mozzarella and parmesan cheese served with a salad